 Documentation process

# Therapuetic Recreational Specialist Case NOtes

Agenda/Activity:

Client:

Group:

Date:

|  |  |
| --- | --- |
| Subjunctive | “Client stated…” |
| Objective  | “Client appeared to be...” |
| Analysis  | “Based on what the client said and his expression…” |
| Plan | “Client will…” |

**Group Behavior Ratings**

|  |
| --- |
|  Low Med High○ ○ ○ Seemed interested in the group○ ○ ○ Initiated positive interactions○ ○ ○ Shared emotions○ ○ ○ Helpful to others○ ○ ○ Disclosed information about self○ ○ ○ Focused on group tasks○ ○ ○ understood group topics○ ○ ○ Showed listening skills/empathy○ ○ ○ Seemed to benefit from the session○ ○ ○ Treatment considerations addressed  |

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Therapist Signature Time Duration